



FORT WILDERNESS

# Prep Guide Leadership Lab

## What to Expect

A few things to look forward to at Lab are: one-on-one discipleship, an over-night backpack trip, the 4-day canoe trip, nightly campfire, free-time on Blair Lake at the Lab site, team work projects and small group Bible studies.

We will do laundry only once, near the end of the second week. Nights and early mornings can be quite cool and daytime temperatures are generally between 70 & 80 degrees. We will be doing an overnighter and a four-day canoe trip, so bring the appropriate clothing. All equipment for our outings will be provided; if you have a back-pack that you prefer, feel free to bring it along. Please bring a sleeping bag even if you prefer regular bedding, as a bag will be needed for our off-site adventures.

### What to bring checklist.

- |                                                                        |                                                                     |
|------------------------------------------------------------------------|---------------------------------------------------------------------|
| <input type="checkbox"/> Clothing (shorts, jeans, shirts, socks, etc.) | <input type="checkbox"/> Old clothes and shoes                      |
| <input type="checkbox"/> Warm Jacket / Raincoat                        | <input type="checkbox"/> Modest, one-piece (full coverage) swimsuit |
| <input type="checkbox"/> Tennis shoes / Sandals                        | <input type="checkbox"/> Bible / Notebook / Pen                     |
| <input type="checkbox"/> Sleeping Bag & Pillow                         | <input type="checkbox"/> Sunscreen & Insect Spray                   |
| <input type="checkbox"/> Towel, Washcloth, Brush, comb, etc.           | <input type="checkbox"/> Toothbrush/paste, soap, shampoo            |
| <input type="checkbox"/> Medications                                   | <input type="checkbox"/> Spending Money                             |
| <input type="checkbox"/> Flashlight / Camera                           | <input type="checkbox"/> _____                                      |

### Paperwork checklist.

- |                                                                         |                                                                        |
|-------------------------------------------------------------------------|------------------------------------------------------------------------|
| <input type="checkbox"/> Camper fees paid on ___ / ___ / ___            | <input type="checkbox"/> Health History Form sent on ___ / ___ / ___   |
| <input type="checkbox"/> Food allergy info sent on ___ / ___ / ___      | <input type="checkbox"/> Insurance Information sent on ___ / ___ / ___ |
| <input type="checkbox"/> Liability Release Form sent on ___ / ___ / ___ | <input type="checkbox"/> Transportation sent on ___ / ___ / ___        |

**Health Information:** A health history form and liability release must be filled-out and signed by a parent or guardian. This can be done as a hard copy, or on-line and is due at the same time as your payment. Your child cannot attend camp if we do not receive these forms prior to their arrival. We must also have a copy of your Health Insurance Card. **Each family is responsible for their own camper's health/accident insurance while they are at the Fort.**

## Common Questions

### When do campers arrive and depart?

Camp begins on Saturday: check-in 2pm - 4pm. Campers depart on Friday, pick up between 9:30am -10:30am

### When are camper fees due?

Camper fees are due, in full, no later than 2 WEEKS PRIOR to arrival. Each registration deposit is non-refundable and non-transferable.

### What if I have to cancel?

Each registration deposit is non-refundable and non-transferable.

### What about sending letters and packages?

Letters or packages being sent through the US Post Office should be sent using the following format: *Name of your loved one, Name of camp (Lab), Fort Wilderness, PO Box 715, McNaughton, WI 54543*  
Packages sent FedEx or UPS should be addressed: 6180 Wilderness Trail, Rhinelander, WI 54501  
Please do not send anything with peanuts or peanut butter due to allergies.

### What about phone calls?

Over the years we have found it best NOT to encourage any phone calls home or vice-versa. If a camper

does need to call home, it is our policy to have a camp leader help them call and stay with the camper during the call to answer any questions a parent might have. Because campers are normally involved in activities and not by a phone, we ask that parents call the Fort ONLY in case of emergencies. Cell phones will be collected and securely stored and returned at the end of the camp.

### What is the Fort's food like?

At Fort Wilderness, we have an experienced staff of cooks who prepare three excellent, wholesome and enjoyable meals each day. If your camper has any health-related dietary needs, please contact our food service manager Janet; at [janetmer@fortwilderness.com](mailto:janetmer@fortwilderness.com) a minimum of TWO WEEKS before your scheduled arrival. If your camper is gluten free please plan to bring their bread and desserts, these are not provided except on any out of camp trips.

### What about spending money?

Most bring \$20+ per week at camp. Money can be used to purchase snacks, keepsakes or clothing.

### What should I not bring?

In keeping with the flavor of the outdoor adventure programs at the Fort, cell phones, electronic games and music devices are not allowed. In addition fireworks, firearms, alcoholic beverages, drugs and tobacco products are not allowed on our grounds.

### How will problems be handled?

The following steps will be taken in working with any camper who has broken rules, regulations or is disrespectful to other campers or camp leaders:

1. A leader will talk with them to see if the problem can be resolved.
2. If the problem persists, the Camp Director will call the parents and inform them of the problem.
3. If the problem still continues, the Camp Director will call the parents to arrange immediate transportation home for the camper, without any refund of camping fees. Automatic dismissal of any camper that is stealing, possessing drugs/alcohol/firearms or physically abusing another camper is at the discretion of the Camp Director and will be dealt with swiftly, without any refund of camping fees.

### What about transportation options?

Camp transportation will be offered for this camp, see website for pricing.

Bus Stops	Saturday Pick-up	Friday Drop-off
Kenosha – Pleasant Prairie (Super 8, Exit 334)	7:30 am	5:30 pm
Brookfield (Elmbrook Church, 777 S Barker Rd)	9:10 am	4:20 pm
West Bend (Hwy 60 West Exit – Kettle Moraine Bowl, 1021 East Commerce Blvd, Slinger, WI 53086)	9:55 am	3:15 pm
<b>Fond du Lac (Schreiner's Restaurant, Hwy 41 &amp; 23)</b>	11:15 am	2:15 pm

All campers must be at the bus stop at the times above. Please allow 15-30 minutes on either side of arrival times due to varying traffic conditions. All bus-riding campers should carry money for two fast food lunch stops. Please label all luggage with name and phone number.